

MCR KITCHEN RULES

STORE FOOD PROPERLY

Before storing food in the cupboards, fridge or freezer:

- **Seal** all food properly.
- **Label** it with your initials/name.
- **Mark** the expiry/use-by date on the label.

Labels and markers are provided in the kitchen.

Please do not leave personal food on kitchen surfaces or tables.

Food that doesn't meet the standard will be discarded. The inspection will be delivered randomly.

CLEAN UP AFTER YOURSELF

After using the kitchen:

- **Wash up** your dishes and equipment.
- **Wipe down** surfaces and cooking areas.
- **Clean up spills immediately.**

Please don't leave dirty dishes or food waste in the sink.

Kitchen and tea towels are provided, please use them responsibly.

BE CONSIDERATE

The kitchen is a **shared space**. Please:

- Leave it as you would like to find it.
- **Don't use other people's food or belongings without permission.**

- Kitchen checks may take place without prior notice to make sure these rules are being followed.
- **If these rules are repeatedly not followed, additional kitchen access/sign-in procedures may be introduced.**

THANK YOU FOR KEEPING OUR MCR KITCHEN NICE FOR EVERYONE